




April 2024

Active Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	"April Fool's Day" 1 10:30 Fit 4 Life Class 11:00 April Fool's Day History & Pranks 2:00 Royal Garden Club Sign-Up Meeting	"Tech Tuesdays" 2 Instructor Eric 1:30 Afternoon "Bingo" Caller: Eric 2:30 Coffee With Heather McPherson MP	Fit 4 Life Class 3 Instructor Brody 11:00 Your Daily Chronicles For The Week 2:00 "Baby Boomers" Reminiscing & Coffee	Fit 4 Life: Roza 4 11:00 Roza's Brain Games 1:00 Roman Catholic Mass "Father Varghese" 2:00 Travelogue: Scottish History Highlands	Keep Fit Class 5 Instructor Akhil 11:00 Train Your Brain Quizzes & Trivia 2:00 Birthday Party Singer "Craig Repchuk"	Coffee, Tea & Music 6 2:00 Interdenominational Church Service 2:30 Saturday Afternoon "Bingo" Caller: Roza 6:00 "Bridge & Cribbage"
9:00 Your Wellness Walk Indoor Program 7 1:30 Movie & Popcorn "Oppenheimer" 6:00 Sunday Night Cards Bridge & Cribbage	Fit 4 Life Class 8 Instructor Akhil 11:00 Total Solar Eclipse 1:30 Garden Rock Painting Instructor Akhil 6:00 "Paint Night" Instructor Ainslie	"Early Bird Bingo" 9 Caller: Roza 1:30 Marathon "Bingo" Caller: Eric 2:30 Marathon Bingo Caller: Eric	Fit 4 Life Class 10 Instructor Brody 11:00 Daily Chronicles For The Week 2:00 Susie Q Sing Along "Rambling Rose"	Cambridge Daycare Visit! "Spring Fling" 11 1:30 Roman Catholic Weekly Communion 2:00 Masters Opening Day "Golf Challenge"	Keep Fit Class 12 Instructor Akhil 11:00 Train Your Brain Quizzes & Trivia 1:30 Crafty Corner "Spring Craft"	Dr. Farhat's Clinic Appointment Only 13 2:00 Church Service 2:30 Saturday Afternoon "Bingo" Caller: Roza 6:00 "Bridge & Cribbage"
9:00 Your Wellness Walk Indoor Program 14 1:30 Haley's "Ice Cream Social & ChatGPT" 6:00 Sunday Night Cards Bridge & Cribbage	Fit 4 Life Class 15 Instructor Akhil 11:00 The Benefits Of Exercise Classes 2:00 Leonardo Da Vinci Trivia "Great Prizes"	Coffee Talk Rev. Danielle Key 16 1:30 Afternoon Bingo Caller: Eric 6:00 Tuesday Night Bridge & Cribbage	Train Your Brain Trivia & Quizzes 17 1:30 112th Anniversary! Movie: "Titanic" 6:00 Wednesday Night Bridge & Cribbage	Fit 4 Life: Roza 18 11:00 Roza's Brain Games 1:30 Roman Catholic Weekly Communion 2:00 Baking With Roza & "Betty Crocker!"	Keep Fit Class 19 Instructor Akhil 11:00 Train Your Brain Quizzes & Trivia 1:30 "Talk About Trees" Woodlands & Forests	Coffee, Tea & Music 20 2:00 Interdenominational Church Service 2:30 Saturday Afternoon "Bingo" Caller: Roza 6:00 "Bridge & Cribbage"
9:00 Your Wellness Walk Indoor Program 21 2:00 Studio 6 "Student's Piano Recital" 6:00 Sunday Night Cards Bridge & Cribbage	Fit 4 Life Class 22 Instructor Akhil 11:00 Earth Day Recycle Reuse Reduce 11:30 Roza's Bake Sale! 1:30 GH Volunteer Appreciation "Britz"	"Tech Tuesdays" 23 Instructor Eric 1:30 Afternoon "Bingo" Caller: Eric 6:00 Tuesday Night Bridge & Cribbage	Fit 4 Life Class 24 Instructor Brody 11:00 Daily Chronicles For The Week 2:00 St Georges Day "Beers of England"	EPL Book Exchange 25 10:30 Fit 4 Life Class 11:00 Roza's Brain Games 1:30 Holy Communion 2:00 The Royal Garden "Seed Planting"	Keep Fit Class 26 Instructor Akhil 11:00 Train Your Brain Quizzes & Trivia 1:30 Step By Step "Guided Painting"	Interdenominational Church Service 27 2:30 Saturday Afternoon "Bingo" Caller: Roza 6:00 Saturday Night "Bridge & Cribbage"
1:30 Haley's "Knitting & Crochet" Club 28 9:00 Your Wellness Walk Indoor Program 6:00 Sunday Night Cards Bridge & Cribbage	GH Wellness Walk Indoor Program 29 10:30 Garneau Hall Chef Talks "Chef Erman" 2:00 Akhil's Wii Games "10-Pin Bowling"	Coffee Talk Rev. Danielle Key 30 1:30 Afternoon "Bingo" Caller: Eric 6:00 Tuesday Night Bridge & Cribbage	